HIK
ARI
HOUSE

VITA INFUSION & RECOVERY SUITE

Membership & Offerings

Membership, member experience and commercial rationale | PHASE ONE

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In Development | October 2026

HIKARI HOUSE
VITA INFUSION & RECOVERY SUITE

The founding chapter

The first expression of Hikari House

Hikari House begins with a carefully selected collection of recovery technologies, restorative environments and thoughtful hospitality—designed to help every guest find a rhythm that feels personal, flexible and sustainable. Phase 1 is planned as a three-month founding period, giving Sōshi members early access to Hikari House while allowing us to refine the member experience, fine-tune operations and prepare for the complete Hikari House experience in Phase 2.

THE BEGINNING

PHASE I

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HERE FROM DAY ONE

Phase 1 brings the complete indoor recovery experience to life.

- Hyperbaric oxygen and red light therapy
- PEMF, STENDO and MITOVIT
- Vibro-acoustic and heated recovery
- Communal and private recovery settings

HOW TO EXPERIENCE IT

Visit in the way that suits you—from a single service to a more considered rhythm.

- Founding Sōshi membership
- Individually booked services
- Multi-session service packages
- Hikar Signature Protocols

THE NEXT CHAPTER

Phase 2 will extend the House with a dedicated spa and contrast-therapy area.

- Sauna and ice baths
- Purpose-built changing facilities
- Contrast-therapy experiences
- The full Phase 2 memberships and Journeys

Begin with Hikari. Grow with the House.

Inside Hikari House

The spaces and services available during the Sōshi founding period.

01 Main Recovery Suite

Home to a hardshell HBOT single-person chamber and a whole-body Red Light Therapy bed. Services may be booked individually, as a course or within a Signature Hikari Protocol.

FEATURES

Hyperbaric Oxygen Therapy and Red Light Therapy

02 IV Recovery Lounge

Four LEMI Harmony Premium loungers combine integrated vibro-acoustics and heat to create meditation-like restorative sessions designed to support both physical and mental recovery. They can be booked as standalone recovery experiences or used during IV infusions.

FEATURES

Integrated vibro-acoustics and heat, with IV add-ons

03 Private Multimodality Suite I

A secluded recovery space combining BEMER PEMF with STENDO cardio-synchronised pulsation massage, experienced on a LEMI Harmony Standard bed. Both services may be booked individually or combined in a private multimodality experience. IV infusions are available as an optional add-on, subject to suitability.

FEATURES

BEMER PEMF, STENDO massage and optional IV add-on

04 Private Multimodality Suite II

A private adaptive-conditioning space bringing together MITOVIT intermittent hypoxic-hyperoxic training with LEMI vibro-acoustics and integrated heat. The services may be booked individually or combined in a private multimodality experience. IV infusions are available as an optional add-on, subject to suitability.

FEATURES

MITOVIT, vibro-acoustics, heat and optional IV add-on

05 Vita Lounge & Bar

A relaxed hospitality space for refreshments, nutrition products and time before or after a recovery session. Vita Lounge products and beverages sit outside Sōshi membership credits.

FEATURES

Vita drinks, nutrition and curated products

06 Guest & Supporting Spaces

The wider Phase 1 environment includes a welcoming reception and concierge support, a walkway with a curated product display, a private consultation room, a dedicated waiting area and two guest WCs.

FEATURES

Product display and a cold-beverage fridge

Phase 1 services may be experienced individually or combined, subject to suitability.

Sōshi 創

A temporary Phase One membership ahead of the full Hikari House launch.



THE MEMBERSHIP TRANSITION

The official Phase 2 launch of Hikari House will introduce three membership tiers: **Nagomi**, **Kagayaki** and **Takumi**. Each tier will include a defined programme and member journey.

During the first three months, Phase 1 will operate with one temporary membership called **Sōshi**. Its purpose is to introduce customers to the Hikari House facilities and service model while the team refines operations ahead of the full launch.

Rather than prescribing a dedicated programme, Sōshi gives members monthly credits. Members choose how to use them across eligible services and receive lower treatment prices than regular guests.

PHASE 1: FIRST THREE MONTHS	PHASE 2: OFFICIAL LAUNCH
Sōshi	Nagomi
Temporary membership with flexible credits	Kagayaki
	Takumi

MONTHLY MEMBERSHIP

£250

paid each month

=

250

CREDITS EACH MONTH

1 CREDIT = £1

ILLUSTRATIVE TREATMENT PRICE

GUEST	SŌSHI MEMBER
£100	80 credits

Credits apply to eligible Phase One services. IV infusions and Vita Lounge products remain separately priced add-ons.

Recovery Menu

Three ways to experience Hikari House during its opening phase.

01 INDIVIDUAL SESSIONS

Standalone sessions available to regular guests and Sōshi members.

01 **Hyperbaric Oxygen Therapy** | 60 min
Hardshell HBOT in the Main Recovery Suite.

02 **Whole-body Red Light Therapy** | 15 min
A full-body session using the selected red light bed.

03 **Vibro-acoustics & Integrated Heat** | 20 min
A restorative session on a LEMI Harmony Premium bed.

04 **BEMER PEMF Therapy** | 15 min
Standalone pulsed electromagnetic field therapy.

05 **STENDO Compression Therapy** | 30 min
Cardio-synchronised pulsation massage in Private Suite I.

06 **MITOVIT Training** | 40 min
Intermittent hypoxic-hyperoxic training in Private Suite II.

ADD-ONS

Available alongside Phase 1 recovery services and priced separately.

IV INFUSIONS

Subject to suitability

VITA LOUNGE

Food, beverages and supplements

02 MULTI-SESSION PACKAGES

Repeat-session options for guests who want a consistent course of one modality.

HBOT Course | 5 sessions
A structured series of Hyperbaric Oxygen Therapy sessions.

Red Light Series | 10 sessions
Multiple whole-body Red Light Therapy sessions.

Adaptive Conditioning Course | 10 sessions
A structured series of MITOVIT sessions.

Harmony Restoration Series | 5 sessions
Repeated Vibro-acoustics & Integrated Heat sessions.

03 HIKARI SIGNATURE PROTOCOLS

Structured combinations delivered simultaneously or in a defined sequence.

The Apex Protocol | 120 min
BEMER PEMF, followed by HBOT and whole-body Red Light Therapy.

The Flow Protocol | 30 min
BEMER PEMF combined with STENDO.

The Adaptive Protocol | 40 min
MITOVIT combined with Vibro-acoustics and Integrated Heat.



Sōshi credits apply only to eligible recovery services. IV infusions and Vita Lounge products are separately priced add-ons.